

Summer School Cosmology Lecture

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Inflation

• What is inducing the Inflation? Candidates:

- · Constant term (no symmetry prohibits it)
- Fermion (not enough vacuum energy)
- Boson (let it mimic a constant term!)

Slow-roll inflation by a scalar field ("inflaton") $V(\Phi)$ Φ_2 Φ_1 Φ_2 Φ_2 Φ_1 Φ_2 Φ_2 Φ_2 Φ_1 Φ_2 Φ_2 Φ_2 Φ_2 Φ_3 Φ_2 Φ_3 Φ_2 Φ_3 Φ_3 Φ_3

Inflation

· Nice idea Can explain seeds of structure formation, horizon problem, flatness problem etc.

- · Currently inflation is "dynamics"
- The realization in a sensible particle theory is another story.

e.g. Inflation by right-handed scalar neutrino (Murayama et al '94, Ellis et al '04, Antusch et al '05, KK & Yokoyama '06, ...)

Motivated from the neutrino physics. Economical: matter/antimatter asymmetry of the Universe too (leptogenesis). SUSY dark matter



SLOW ROLL III Required condition:
$$\dot{\phi}^2 < V$$

 $\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(E+3p)$ Equation of state parameter $w = \frac{p}{E} < -\frac{1}{3}$
 $p = \frac{1}{2}\dot{\phi}^2 - V(\phi), E = \frac{1}{2}\dot{\phi}^2 + V(\phi)$
e.g. Cosmological constant Λ
 $w = -1, p = -\Lambda = -E$
 $\frac{\ddot{a}}{a} = \frac{8\pi G}{3}\Lambda \Rightarrow a \propto \exp(\sqrt{\Lambda}t)$
 $E+3p=2(\dot{\phi}^2 - V) < 0$ $\dot{\phi}^2 < V$ Potential energy need dominate potential energy

Scalar field dynamics

 $ds^2 = g_{\mu\nu}(x)dx^{\mu}dx^{\nu}$ $g_{\mu\nu} = diag(1, -a(t)^2, -a(t)^2, -a(t)^2)$

determinant: $g = |\det g_{\mu\nu}|$

$$\Box \phi = g^{\mu\nu} \nabla_{\mu} \nabla_{\nu} \phi = (-g)^{-1/2} \partial_{\mu} [(-g)^{1/2} g^{\mu\nu} \partial_{\nu} \phi]$$

Klein-Gordon equation

$$\Box \phi + \frac{\partial V}{\partial \phi} = 0$$

 $\ddot{\phi} - \nabla^2 \phi + 3H\dot{\phi} + \frac{\partial V}{\partial \phi} = 0$ (e.g. during inflation, the non-zero k modes redshifted away) $\nabla^2 \phi$ spatial gradient term neglected in considering the spatially homogeneous classical solution

 $\rho \propto 1/a^3$

Friedmann equation $H^2 = \frac{1}{3}\rho = \frac{1}{3}\left(\frac{1}{2}\dot{\phi}^2 + V(\phi)\right)$ ex: Show that a scalar field oscillating in a quadratic potential behaves as pressureless dust ex: A scalar field oscillating in a quadratic potential behaves as pressureless dust ho \propto 1 / a^3

$$\ddot{\phi} + 3H\dot{\phi} + m^2\phi = 0$$

For H<<m, $\phi(t) \propto \exp[\pm imt - (3/2)Ht]$

Using the virial theorem,
$$\langle v \rangle = \langle \dot{\phi}^2 / 2 \rangle = \rho_{\phi} / 2$$

 $\langle P \rangle = \langle \dot{\phi}^2 / 2 - V \rangle = 0$
 $\langle \rho \rangle = \langle \dot{\phi}^2 / 2 \rangle + \langle V \rangle \sim \langle \dot{\phi}^2 \rangle \sim e^{-3Ht}$
 $H = \frac{da/dt}{a} \rightarrow a \sim e^{Ht}$ Numb

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Number of e-folds
$$N \equiv \ln \frac{a(t_{end})}{a(t)} = \int_{t}^{t_{end}} H dt$$

(the space is stretched by a factor e^N)

Spatially coherent oscillation for the quadratic potential behaves as no-relativistic matter.

Exercise: How about for a quartic potential? Ans. it behaves like the radiation ho \propto $1/a^4$ Summer School Particle Cos



ex: Calculate the slow-roll parameters evaluated at N=50 from the end of inflation for $V = m^2 \phi^2 / 2$

$$\varepsilon = \eta = 2/\phi^{2}$$

$$\varepsilon \text{ or } \eta \sim 1 \text{ for } \phi_{end} \sim \sqrt{2}M_{p}$$

$$N = \ln \frac{a(t_{end})}{a(t)} = \int_{t}^{t_{end}} H \, dt \sim \int_{\phi_{end}}^{\phi} \frac{V}{V^{2}} d\phi \qquad N = 50 \Rightarrow \phi_{*} = 14M_{p_{1}} \quad \varepsilon \sim \eta \sim 2/14^{2} \sim 0.01$$

ex: Derive the condition for the eternal inflation for $V = m^2 \phi^2 / 2$

During a Hubble time,
$$\Delta t$$
 = $1/H\,$ inflaton gets a quantum kick of $\,H/2\pi$ while classically rolling down by $\,\dot{\phi}\Delta t\sim\dot{\phi}\,/H\,$

$$H >> \dot{\phi} / H \rightarrow \frac{V^3}{V^{1/2}} >> 1$$
 Eternal inflation for $\phi > 1 / \sqrt{m}$

tol Particle Cosmology From the CMB: $m \sim 10^{13} GeV$ enji Kadota(CTPU, IBS)

inflation models



Large field inflation

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Small field inflation

Hybrid inflation

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how much inflation needed?

• ex. How many e-folds are required for the inflation energy scale E?



In other words, the number of inflationary e-folds > post-inflationary e-folds $e.g.{\rm GUT}$ scale inflation



Plan of Lectures

1. Introduction to Standard Cosmology

Brief History of the Universe FRW cosmology Thermodynamics in the Expanding Universe

Cosmic Microwave Backgrounds

Baryon Acoustic Oscillations

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History of the Universe



3. CMB and Large Scale Structure of the Universe

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Big Bang Nucleosynthesis(BBN)

Formation of nuclei (first three minutes of the Universe). The nucleus formation occurs around 1 MeV which is a typical nuclear binding energy scale.

(e.g. The deutrium: D mass=1875.62 MeV and the mass of proton plus neutron 1877.84 MeV. the binding energy is hence 2.22 MeV)

Even though many baryonic matter(p,n,π,Λ) are created after the QCD phase transition (~150 MeV), only protons and neutrons survive till T~1MeV.

p and n then combine to form a long-lasting stable $^4\mbox{He}$ (binding energy~28 MeV) (3 minutes old Universe)

 $e.g.^{4}He: p+n \rightarrow D+\gamma, D+D \rightarrow n+{}^{3}He, {}^{3}He+D \rightarrow p+{}^{4}He$

⁴He has a big binding energy (~28 MeV) and pretty much all neutrons form into ⁴He.

 Step 1
 Step 2
 Step 3
 Key:

 Proton and houten fuer
 Two deutorium
 Hydrogen-3 fuers with deutorium
 In auton deutorium
 In auton
 In auton

 fourm and deutorium
 to create holium-4.
 In auton
 In auton
 In auton
 In the first approximation, no elements heavier than ⁴He are produced because of large ⁴He binding energy and the low reaction rate due to small baryon density. Keyl Kadota(CTPU, IBS)

 $v + n \leq$ > p + eNeutron/Proton ratio $e^+ + n \iff p + \overline{v}$ (important because essentially all neutrons end up with Helium 4 most tightly bound nucleus)



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While waiting, the neutrino decay becomes important for T~0.1 MeV $\ensuremath{n} \Leftrightarrow \ensuremath{p} + \ensuremath{e^-} + \ensuremath{\overline{v}}$

$$n_{n} = n_{0}e^{-t/\tau}, \tau \sim 880s$$

$$\frac{n}{p} \sim \frac{1}{5}e^{-300/880} \sim \frac{1}{7}$$
Primordial
$$X_{p} = \frac{\text{mass in H}}{\text{total mass}} \sim 0.75, Y_{p} = \frac{\text{mass in He}}{\text{total mass}} \sim 0.25$$
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Cosmology predicts that the early Universe is filled with hydrogen and helium The early Universe is metal free ("metal" refers to heavier elements not H or He) All metals were made later in the stars (dense and hot to overcome the binding energy)







Using BBN to constrain the particle physics models

- Additional relativistic degrees of freedom: $H^2 \propto
ho \propto gT^4$

relativistic degrees of freedom modifies the expansion rate and hence the freeze-out temperature. e.g. additional neutrino species can make the neutron freeze-out earlier with a larger number density -> More ⁴He

- The baryonic abundance $\,\eta_{\scriptscriptstyle B}\,\,\left(n_{_b}\,/\,n_{_\gamma}(n_{_\gamma}\sim 400\,/\,cm^3)
ight)$

Less baryons decreases the reaction to burn D into heavier elements. -> More D (*e.g.*less collision rate $D + p \rightarrow {}^{3}He + \gamma$)

Smaller $~n_{_{B}}\,/\,n_{_{Y}}~$ also means to wait longer for a longer cooling time -> more neutrons decay -> Less He

-The lepton asymmetry

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The lepton asymmetry change can change neutron to proton ratio -> ⁴He changes $v + n \iff p + e^{-}$ $e^{+} + n \iff p + \overline{v}$ $n \iff p + e + \overline{v}$

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- Exercise: How can the BBN be sensitive to expansion rate of the Universe?

If cooling is huge, no time for the neutrons to decay

$$\frac{n_n}{n_p} \sim 5, X_p \sim 2/3, Y_p \sim 1/3$$

$$X_p \sim 1, Y_p \sim 0$$

Big expansion rate-> Big cooling rate $H^2 \propto
ho \propto gT^4$

Relativistic degrees of freedom constrained by the BBN

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Examine the primordial (unprocessed) gas cloud not yet polluted by stars (typically identified by low metalicities)



Extrapolation to Oxygen/Hydrogen ratio=0 gives an estimate for the primordial He abundance Y mmer School Particle Cos

Measuring the deuterium abundance can tell us the baryon density





Plan of Lectures

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Baryon asymmetry in the Universe

How can the baryon asymmetry arise from an initially symmetric condition?

Sakharov's conditions (1967)

1) B violation

2) C and CP violation the barvon number is odd under C and CP (If CP were an exact symmetry, a process (producing $\Delta B>0$) and its CP conjugate process (producing $\Delta B<0$) would have the same rate.)

CKM matrix has CP violating phase

e.g. CP is violated in Kaon $(K^0 \& \overline{K}^0)$ decay $K^0 \rightarrow \pi^- e^+ v_e, \overline{K}^0 \rightarrow \pi^+ e^- \overline{v}_e$ (more positrons (~10⁻³) than electrons)

3) Departure from the thermal equilibrium

(otherwise, a process and its inverse process would have the same rate) The expansion of the Universe can realize it

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Is it possible in the Standard Model?

1) B violation

The SM can violate B (strictly speaking B+L violation by axial anomaly) sphaleron effects wash-out B+L number In the SM, the global U(1)_{B+L} is anomalous Lagrangian of chiral fermion in SU(2) gauge interactions

 $L = \bar{\psi}_L \gamma^\mu (\partial_\mu - i \frac{g}{2} \sigma^A W^A_\mu) \psi_L \qquad \text{invariant under} \qquad \psi \to e^{i\beta} \psi$ Classically, from Noether theorem, there is a conserved current

 $\partial_{\mu}J^{5\mu}=0 \qquad J^{5}_{\mu}=\overline{\psi}\gamma_{\mu}\psi \quad Q_{5}=\int d^{3}x J^{5,0}=\int d^{3}x \overline{\psi}\gamma^{0}\psi$ Quantum mechanically, there is an anomaly $\partial_{\mu}J^{5\mu} = -\frac{g^2}{32\pi^2}F^a_{\mu\nu}\tilde{F}^{a\mu\nu}$

 $\int d^4 x \partial_\mu J^{5\mu} = \int dt \frac{\partial}{\partial t} \int d^3 x J^{5,0} = Q_5(t = \infty) - Q_5(t = -\infty)$ $\overline{\psi}\gamma^{\scriptscriptstyle 0}\psi=\psi^{\scriptscriptstyle \dagger}\psi$ number operator

Fermions are created, even though there is no perturbative interactions in Lagrangian to create it..

To see where they came from, let us consider the Dirac sea picture where SU(2) field strength tensor is non-zero. The chiral fermion is sitting in an external gauge field. Initially, all the negative states are filled and all the positive energy states are empty

In the early Universe, before Higgs gets vev, all gauge fields and fermions were massless



In chemical equilibrium, $B_{end} \sim 0.35(B-L), L_{end} \sim -0.65(B-L)$ Both B and L are broken. B-L is conserved

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- B is violated by the sphaleron effects. - CP is violated in the SM.

- First order of electroweak phase transition

realizes the departure from the equilibrium

Electroweak baryogenesis:

chiral flux difference because of the different reflection probability for L/R (CP violation)

In SM: With higgs mass=125 GeV, not the first order (need mH<50 GeV) (the strength of transition depends on the height of potential <v>/Tc) CP violating effects too small for the desirable order of baryon asymmetry



SUSY? Need the light stop (~120 GeV) for the first order (less likely) chargino sector gives an additional CP violating phases (still not enough)

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Leptogenesis

Lepton number violated by Majorana mass term
 CP violation from the complex neutrino Yukawa matrix

$$Y_N NLH + \frac{1}{2}M_R NN$$

$$N_1 \longrightarrow H + N_1 \longrightarrow H + N_1$$

Heavy Majorana neutrino decays. $N \rightarrow LH$ $N \rightarrow \overline{L}\overline{H}$ Sphaleron effects: $B_{end} \sim 0.35(B-L), L_{end} \sim -0.65(B-L)$ ex: The departure from the thermal equilibrium: